

WESTERLY CREEK LUNCH MENU

FEBRUARY 2018



Food & Nutrition Services
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY ALTERNATE LUNCH ENTRÉE CHOICES:				
PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich	PB & J Sandwich Yogurt w/Blueberry Muffin Ham Sandwich Turkey & Cheese Sandwich	PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich	PB & J Sandwich Yogurt w/Blueberry Muffin Ham Sandwich Turkey & Cheese Sandwich	PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich
SALAD BAR: An unlimited variety of fresh, canned and frozen fruits and vegetables are offered daily. Local varieties used when available.			1 Sloppy Joe on Bun Fiesta Rice Wrap Baby Carrots Sweet Potato Puffs	2 PLANNING DAY
5 Taco Salad Garden Taco Salad Spanish Beans Cauliflower	6 Hot Ham & Cheese Grilled Med Sandwich Broccoli Cucumber Coins RIBS	7 Chicken Gumbo w/ Brown Rice Spinach Po'Boy Sweet Peas Baby Carrots	8 Green Chili Lasagna Hummus Bowl Sweet Corn Celery Sticks	9 Hamburger on Bun Salsa Black Bean Burger Sweet Potato Puffs Cucumber/Tomato Salad
12 Waffle Sticks w/Sausage Waffle Sticks w/Eggs Oven Browned Potatoes Celery Sticks	13 Chicken Lo Mein Veggie Lo Mein Sweet Peas Baby Carrots	14 Crispy Tacos Crispy Veggie Tacos Spanish Rice Broccoli Spicy Corn Salad	15 Cheesy Bread Sticks w/Marinara Garden Greens Baby Carrots	16 BlackJack Pizza Ballpark Nachos Buffalo Chicken Salad w/Dinner Roll Spanish Beans Spicy Cucumbers
19 PRESIDENT'S DAY	20 PLANNING DAY	21 BBQ Chicken Asian Style Rice Broccoli & Cheese Baked Potatoes Cauliflower Cucumber Coins	22 Spaghetti w/Meat Sauce Spaghetti w/Marinara Sauce Garlic Toast Garden Greens Green Beans	23 Turkey Burrito Bowl Bean & Cheese Burrito Spicy Corn Salad Baby Carrots
26 Chicken Nuggets Mac & Cheese Dinner Roll Fiesta Bean Salad Baby Carrots	27 'Pig' in a Blanket Crunchy Falafel Wrap Cream Coleslaw Potato Strips	28 Lemon Chicken Chickpea Spinach Salad Garlic Toast Broccoli Cucumber/Tomato Salad	MILK CHOICES: Water and a variety of milk products are available at each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate	

MENU INFORMATION							
	Scratch Made		Vegetarian		Whole Grain		Contains Pork

For more information please visit: foodservices.dpsk12.org
 *Please note, menus are subject to change. This institution is an equal opportunity provider.