

# ELEMENTARY LUNCH (ECE-8) MENU

OCTOBER 2018



DENVER PUBLIC SCHOOLS

Food & Nutrition Services  
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ALTERNATE LUNCH ENTREE CHOICES:</b>				
<b>Turkey &amp; Cheese Munchable</b> PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Sandwich	<b>Turkey &amp; Cheese Munchable</b> PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Sandwich	<b>Turkey &amp; Cheese Munchable</b> PB & J Sandwich Toasted Cheese Sandwich
1 <b>Beef Nachos</b> Cheese Nachos Southwest Beans Baby Carrots	2 <b>Breaded Chicken Drumstick</b> w/ Dinner Roll Hummus Bowl Broccoli Mashed Potatoes	3 <b>Hot Ham &amp; Cheese</b> Cheesy Breadsticks w/ Marinara Cherry Tomatoes Italian Green Beans	4 <b>All Beef Hot Dog</b> Mediterranean Sandwich Sweet Potato Tots Cucumber/Tomato Salad	5 <b>Lasagna</b> Spinach Lasagna Garlic Bread Spinach Salad Baby Carrots
8 <b>Chicken Nuggets</b> w/ Dinner Roll Charro Beans & Rice w/ Tortilla Coleslaw Potato Strips	9 <b>Turkey Alá King</b> Broccoli Cheese Baked Potato <b>Dinner Roll</b> Baby Carrots Sweet Peas	10 <b>Beef Tacos</b> Veggie Tacos Spanish Rice Spicy Corn Salad Cucumber/Tomato Salad	11 <b>Chicken Alfredo</b> Pasta Alfredo Garlic Bread Garden Greens Cherry Tomatoes	12 Cheese Pizza <b>Pepperoni Pizza</b> Spinach Salad Fiesta Bean Salad
15 <b>Chicken Sandwich</b> Fatafel w/ Flatbread Black Beans Coleslaw	16 Mac & Cheese Garlic Bread Sweet Peas Cucumber/Tomato Salad	17 <b>Haystacks</b> Garden Chili w/ Tortilla Baby Carrots Spicy Corn Salad	18 <b>Pepperoni Stromboli</b> Veggie Stromboli Garden Greens Italian Green Beans	19 <b>DPS CONFERENCE DAY</b>  <i><b>Cheeseburger</b></i> <i>Salsa Black Bean Burger</i> <i>Sweet Potato Tots</i> <i>Broccoli</i>
22 <b>DPS PLANNING DAY</b>	23 <b>DPS PLANNING DAY</b>	24 <b>Hot Ham &amp; Cheese</b> Cheesy Breadsticks w/ Marinara Cherry Tomatoes Italian Green Beans	25 <b>All Beef Hot Dog</b> Mediterranean Sandwich Sweet Potato Tots Cucumber/Tomato Salad	26 <b>Meat Lasagna</b> Spinach Lasagna Garlic Bread Spinach Salad Baby Carrots
29 <b>Chicken Nuggets</b> w/ Dinner Roll Charrol Beans & Rice w/ Tortilla Coleslaw Potato Strips	30 <b>Turkey Alá King</b> Broccoli Cheese Baked Potato Dinner Roll Baby Carrots Sweet Peas	31 <b>Beef Tacos</b> Veggie Tacos Spanish Rice Spicy Corn Salad Cucumber/Tomato Salad	<b>SALAD BAR:</b>  An unlimited variety of fresh, frozen, and canned fruits and vegetables are offered daily. Local varieties used when available.	<b>MILK CHOICES:</b>  Water and a variety of milk products are available at each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate

## MENU INFORMATION

	<b>Scratch Made</b>		Vegetarian		Whole Grain		Contains Pork
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For more information, please visit: [foodservices.dpsk12.org](http://foodservices.dpsk12.org)

\* Please note, menus are subject to change. This institution is an equal opportunity provider.